



Yogoda Satsanga Sakha Ashram - Noida

(Newsletter of YSS Activities in Noida, Delhi, and Gurgaon)

## Welcome to YSS NCR eNewsletter

### September 2017 Issue

We bring you updates on YSS activities in Delhi, Gurgaon and Noida since August 2017, and share with you news of upcoming events in NCR.

**YSS LESSONS**  
**Enhanced and Expanded Edition**  
**Planned for Release in 2018**



### Recent Activities

#### **Memorial Service of Sri Mrinalini Mataji**

- [Devotees pay tribute at Noida Ashram, Gurgaon Kendra and Delhi Kendra](#)
- [Letter from YSS/SRF Board of Directors](#)
- [The Life of Sri Mrinalini Mataji](#)
- [Video of YSS/SRF Memorial Service in USA](#)

#### **Communication from YSS/SRF Board of Directors**

- [Enhanced and Expanded Edition of YSS Lessons Planned for 2018](#)
- [Swami Chidananda Giri Elected President and Spiritual Head of YSS/SRF](#)

#### **Janmashtami Celebrations**

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- [YSS Techniques of Meditation reviewed at Noida, Gurgaon and Delhi](#)

#### **Children Satsanga Activities**

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## Upcoming Events

### Commemorations for Sri Sri Lahiri Mahasayaji

• [Programme Schedule for Mahasamadhi and Avirbhav Diwas in NCR](#)

### Upcoming Retreats in 2017

• [Complete Retreat Schedule for July to December 2017](#)

## Reports of Recent Activities in NCR

### Memorial Service of Sri Mrinalini Mataji



### In Memoriam:

## *Sri Mrinalini Mata*

On August 3, 2017, our beloved sanghamata and president, Sri Mrinalini Mataji, peacefully left this world for the eternal realm of bliss and freedom in Spirit. A guiding light of wisdom, love, and understanding for the hundreds of thousands of truth seekers whose lives have been transformed by the teachings of Gurudeva Sri Sri Paramahansa Yoganandaji, Sri Mrinalini Mataji dedicated herself to serving the Guru's spiritual and humanitarian work for more than seventy years.

- [A Special Message From the YSS/SRF Board of Directors](#)
- [Sri Mrinalini Mataji – A Channel of the Guru's Love and Wisdom](#)
- [Video of Memorial Service at SRF Convocation in Los Angeles](#)
- [Memorial Services for Sri Mrinalini Mataji at YSS Noida, Delhi and Gurgaon](#)



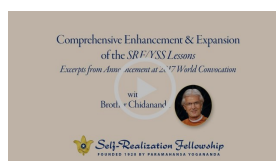


Thousands of members and friends of Self-Realization Fellowship/Yogoda Satsanga Society of India from around the world joined our monastics at a memorial service to honour the life of our beloved former President and Sanghamata, Sri Mrinalini Mataji. All those who could not attend at the service in Los Angeles may download a copy of the beautiful memento of the memorial service that was given to all who were present [by Clicking Here](#). [View Video Here](#).

### Communication from YSS/SRF Board of Directors

#### Enhanced & Expanded Edition of YSS Lessons Planned for 2018

A new edition of the *Yogoda Satsanga/Self-Realization Fellowship Lessons* is planned for release in 2018. A monumental project assigned by our Guru, Sri Sri Paramahansa Yoganandaji, to our late Sanghamata and President, Sri Mrinalini Mataji – this is a project she had worked on for decades. [Read More by Clicking Here](#).



YSS/SRF President Swami Chidanandaji announces to devotees attending the 2017 World Convocation at Los Angeles, the much anticipated news of a comprehensive enhancement and expansion of the New Lessons. [View Video Here](#).

#### Swami Chidananda Giri ji Elected President of YSS/SRF



The YSS/SRF Board of Directors is happy to share with you the news that Swami Chidananda Giri ji has been elected president and spiritual head of Yogoda Satsanga Society of India/Self-Realization Fellowship, succeeding Sri Mrinalini Mataji, who served in this position from January 2011 until her passing last month. His appointment was made by a unanimous vote by the SRF Board of Directors on Wednesday, August 30, 2017. [To Read More, Click Here.](#)

### *Janmashtami Celebrations in YSS NCR*



Janmashtami was celebrated by devotees at YSS Noida Ashram, Delhi Kendra and Gurgaon Kendra with eight-hour-long meditations and special programmes. [Click Here to Read More.](#) [View Pictures Here.](#)

### *Review Classes of YSS Meditation Techniques*



Sri Sri Paramahansa Yoganandaji's techniques of meditation taught by YSS were reviewed at Gurgaon and Delhi Kendra by YSS monastics. New lesson students could attend these reviews and clarify their doubts for improving their *sadhana*. [Read More Here.](#) [View Pictures Here.](#)



### *Children Satsanga Activities*

## Noida Children Satsanga Celebrates Janmashtami



A special commemoration programme for children was conducted at YSS Noida Ashram on August 14, 2017 to mark Janmashtami and Independence Day. Brahmachari Vinayanandaji conducted the Satsanga. [Click to Read More.](#) [View Pictures Here.](#)

## Delhi Children Satsanga Celebrates Janmashtami

Children Satsanga celebrated Janmashtami with skits, dance performances and poetry/ shloka recitation by the young participants at YSS Delhi Kendra on August 27, 2017. The programme was attended by parents of the children, and other devotees. [Click to Read More.](#) [View Pictures Here.](#)



## Public Talks and YSS in Media

### Swami Lalitanandaji Gives Inspiring Talk to PNB Staff



Swami Lalitanandaji inaugurated a 'Wellness Workshop' at the Punjab National Bank Central Staff College, Delhi, with his inaugural address on 'Yoga and Meditation for Body, Mind and Soul' on August 19, 2017. [Read More Here.](#)

### Talk at NACEN Faridabad by Swami Lalitanandaji



Later, on September 7, 2017, NACEN, Faridabad invited Swami Lalitanandaji to give a discourse on "Yoga for Peaceful Living in a World of Turbulence" and lead the audience through a session of Guided Meditation. [Read More Here.](#)



**IN NEWS: Dainik Jagran Features YSS Volunteer Dr. Sukhwant Yadav**



### IN THE NEWS

Doctor-volunteer of YSS Delhi Kendra and Noida Ashram, Dr. Sukhwant Yadav, has been featured in widely-read Hindi-language national daily Dainik Jagran for his contribution to charitable services in dental treatment of the underprivileged at YSS dispensary. [Read more by clicking here.](#)

### IN NEWS: YSS Volunteer - Shyama Raina - in Teacher's Day Features

### IN THE NEWS

Senior devotee and volunteer of YSS Noida Ashram, Ms. Shyama Raina, has been featured in widely-read Hindi-language national daily Dainik Jagran on the occasion of Teacher's Day, for her outstanding contribution to the upliftment of underprivileged children through education. [Read more by clicking here.](#)

### आर्थिक रूप से कमजोर बच्चों को बना रही हैं दक्ष, फास्टेदार अंग्रेजी बोलना सिखाया

प्रभात उद्योग • जोधरा

यह कहनी एक ऐसी शिक्षिका नहीं हैं जिनसे सरकारी स्कूल में पढ़ने वाले आर्थिक रूप से कमजोर बच्चों को फास्टेदार अंग्रेजी बोलने का सपना संजोया था। इसको साकार करने के लिए खुद पहले बनीं। मुश्किलों का सामना किया, लेकिन सर नहीं मानीं। बच्चों को इन्टरनेट किताबों और कई पढ़ाव शुरू किया। अब अपना हकीकत में बांटता गया है। बच्चे फास्टेदार अंग्रेजी तो बोल ही रहे हैं। बोर्ड परीक्षाओं में अंग्रेजी में 90 फीसद से ज्यादा अंक हासिल कर अपना लोख मनवा ले है। इस शिक्षिका का नाम है श्यामा रेना।



योगदा सत्संग अन्नम सेक्टर-62 में आर्थिक रूप से कमजोर छात्रों को अंग्रेजी पढ़ाने के लिए श्यामा रेना का काम है। अन्य बच्चों के शिक्षक भी जुड़ गए। फिर मैंने अंग्रेजी पर ध्यान देना शुरू कर दिया। 'याजुजिवाबाद' में लंबा समय तक कर खर्च करने आती। कुछ साल पहले तो बालबात की इतनी मुश्किल व्यवस्था थी नहीं थी। अन्य कई मुश्किलें थीं, लेकिन मैंने सर नहीं मानीं।

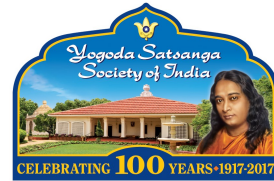
निशुल्क स्कूल में इस समय विभिन्न कक्षाओं के चौ से ज्यादा आर्थिक रूप से कमजोर छात्र अध्ययनरत हैं। सप्ताह में दो दिन मैं इन्हें अंग्रेजी पढ़ाती हूँ। लिखने-पढ़ने के अलावा अंग्रेजी बोलने के प्रशिक्षण पर विशेष जोर देता है। इसी की बदौलत सर फास्टेदार अंग्रेजी बोल रहे हैं। बोर्ड परीक्षाओं में तो कई छात्रों ने 92 फीसद तक अंक हासिल किए हैं।

### शिक्षा के माश ते ग्दे गामाजिकता का तान

Get Updates about YSS NCR through the NCR Website

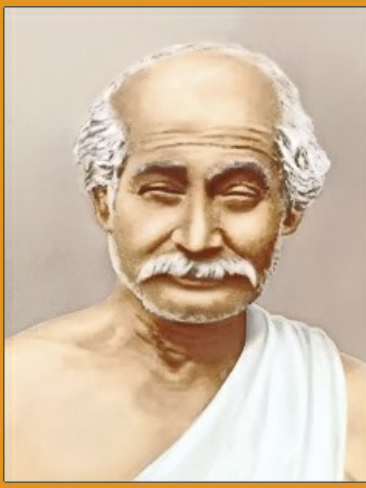
### Book Accommodation Online

We would encourage you to make your bookings for accommodation during retreats, transit or other programmes at Sakha Ashram, Noida through our Website at [Noida.YSSashram.org/Reservation](http://Noida.YSSashram.org/Reservation). To get more information and news about YSS programmes and events in Delhi, Gurgaon and Noida, visit [Noida.YSSashram.org](http://Noida.YSSashram.org)



### Upcoming Events

Commemoration Programme in YSS NCR



**Mahasamadhi and Avirbhav Divas  
of Sri Sri Lahiri Mahasayaji**

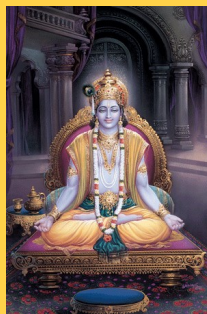
Sri Sri Paramahansa Yoganandaji wrote in *Autobiography of a Yogi*: “As the fragrance of flowers cannot be suppressed, so Sri Sri Lahiri Mahasaya, quietly living as an ideal householder, could not hide his innate glory. Devotees from every part of India began to seek the divine nectar of the liberated master.... The harmoniously balanced life of the great householder-guru became the inspiration of thousands of men and women.”

**Mahasamadhi and Avirbhav Divas of Sri Sri Lahiri Mahasayaji**

Functions	Date	Activity	Sakha Ashram, Noida	Dhyana Kendra, Delhi	Dhyana Kendra, Gurgaon
Mahasamadhi of Sri Sri Lahiri Mahasayaji	September 24, Sunday	Long Meditation	—	10:00 a.m. to 4:00 p.m.	10:00 a.m. to 4:00 p.m.
	September 26, Tuesday	Satsanga and Pushpanjali	5:00 p.m. to 7:30 p.m.	5:00 p.m. to 7:00 p.m.	5:00 p.m. to 7:00 p.m.
Avirbhava of Sri Sri Lahiri Mahasayaji	September 30, Saturday	Satsanga and Pushpanjali	10:00 a.m. to 12:30 noon *	10:00 a.m. to 12:00 noon	10:00 a.m. to 12:00 noon
	October 8, Sunday	Satsanga, Pushpanjali, Guru Langar and Narayan Seva	—	—	10:00 a.m. to 12:00 noon*

\* Followed by *Guru Langar*

**Conducted Group Retreats at YSS Noida Ashram  
in September-October 2017**



**THEME: Retreat for Kriyabans  
(Classes in Hindi)**

**DATE: September 30 & October 1-2  
Friday (7 pm) to Sunday (4 pm)**

To know more about how to participate in this retreat, [click here.](#)

**THEME: Being a Karma Yogi in a Competitive  
Environment (Classes in Hindi)**

**DATE: October 14 - 15, 2017  
Friday (7 pm) to Sunday (4 pm)**

To know more about this retreat, [click here.](#)



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11-12, Bhai Vir Singh Marg, Near Gole Market, New Delhi  
Phone: (011) 23362948 / 23346271  
Email: [ysdk.delhi@gmail.com](mailto:ysdk.delhi@gmail.com)

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Opposite House Number 20, Near DPS (Infant Wing)

Sector-40, HUDA, Gurgaon 122 003, Haryana  
Phones: (0124) 4271644, 9871078270  
E-mail: [ysdk.gurgaon@gmail.com](mailto:ysdk.gurgaon@gmail.com)

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